

# Five Local Ways to Celebrate National Caramel Month

By Tamara Palmer in [Foodie Lists](#), Palmer

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October is National Caramel Month, but these local ideas are suitable for year-round celebration:

1. Devour a **burnt caramel truffle from Recchiuti**. Bonus points if you get the limited edition [Creativity Explored](#) box, which benefits the local nonprofit.



T. Palmer

2. Slather your toast, bagel, finger, whatever in **maple honey caramel spread made by Sweet Revolution**. They also make wrapped caramels if a whole jar is too dangerous in your sticky little fingers.

[Spice Vice's tamarind caramel](#).

3. **Fleur de sel caramel popcorn by 479° Popcorn** expertly balances sweet and salty. You'll feel like you're eating light until you accidentally polish off the whole box in one go.

4. Go for a scoop of **balsamic caramel ice cream at Humphry Slocombe**. Pair with the shop's McEvoy olive oil flavor for a "traditional" treat.

5. Experience India-meets-the-Mission via a **tamarind caramel from Spice Vice**, available at [Miette](#).